

THE ROLE OF HEALTH VISITORS

The Health visitors on the basis of their specialized professional and technical skills work either as autonomous or in co-operation with other professionals in the health field and in the social services, for the planning, development, implementation and evaluation of all primary health care services.

The provision of services centers on primary health Care and rehabilitation care, with emphasis on giving care at home, in school, in the working environment and generally in the community. Included are nursing care services which are coordinative or programmatic in character, with the exception of medical practices which require the Doctors intervention.

They contribute in the assessment, planning, implementation and reevaluation of primary, secondary and tertiary prevention. In this framework they conduct with responsibility screening tests for the early detection of undesirable or pathological findings (secondary prevention), and in particular they conduct vision acuity test and hearing test, vital spirometry, body measurements, skeletal disorders and blood pressure checks.

They study, detect and assess the health needs of the population, especially of the high-risk groups, and they refer them under their own judgment to the necessary services, facilitating easy access to them.

They participate in the planning, implementation and evaluation of follow-up programs.

They plan, implement and evaluate health education programs for people, groups and the community in general.

They participate in continuous education programs as health educators.

They conduct research and publish findings on matters of public health and prevention of disease.

They contribute to the basic and post-basic education of the Nursing School students

They try to have continuous education and to keep currently informed of the data on scientific research in their field of work.